



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 1130 Poetry with Erica - lounge 1430 St David's Day & March Quiz with the care staff 1530 Music of your choice in the lounge	2 1000 Person Centered room visits with Maria. 1100 A walk to the park, (Weather permitting) 1430 World Day of Prayer - share your favourite hymns and prayers	3 1130 Visit from our PAT dog, Thula 1430 Zoom call with Anne Park, activities and chat!	4 1130 Gentle Stretches to music with Ann Marie 1430 Discussions around World Wildlife Day. Take part in a birds of the world Quiz with pictures	5 1000 Person centered room visits with Ann Marie 1130 Continuation of our Book Club 'Marley and Me' 1445 Knit & Natter with the care staff	6 1145 Exercise with resistance bands with Sarra 1445 . St James Church Sunday gathering and sermon via YouTube showing on TV in the dining room
7 1030 Zoom Meeting with Jordan's meeting house 1200 Quaker meeting in the quiet room 1430 Film Afternoon, choice from Netflix or DVD	8 1130 Poetry with Erica in the lounge 1430 Relaxing Arts & Crafts in the dining room	9 1030 Person centered room visits with Ann Marie 1130 Exercises with Ann Marie 1430 Residents Meeting followed by Afternoon tea	10 1030 Person centered room visits with Ann Marie 1130 Visit from our PAT dog, Thula 1430 Zoom call with Anne Park, doing an activity.	11 1130 Book Club, continuing with 'Marley & Me' 1430 Walk to the Park, weather permitting	12 1130 Flower Arranging & Reminiscence for Mother's Day on Sunday. 1430 Film Afternoon	13 1145 Exercise with resistance bands with Sarra 1445 Skittles/Ball Games with the care staff
14 Happy Mother's Day 1030 Zoom meeting with Jordan's meeting house. 1200 Quaker meeting in quiet room. 1445 Mother's Day concert, The Bel Canto Sopranos via YouTube	15 1130 Poetry with Erica in the lounge 1430 Reminiscence session, looking at an array of items from the past and present.	16 1130 Gentle stretches with Ann Marie in the lounge 1430 Crafts for St Patrick's Day tomorrow	17 St Patrick's Day 1130 . Book Club, continuing with 'Marley & Me' 1430 Armchair travel to Ireland, music & quiz with a virtual tour of Dublin	18 1130 Visit from our PAT dog, Thula 1430 Draughts, snakes & ladders with the care staff	19 1130 Classical Music in the lounge 1430 Knit and natter with the care staff	20 1145 Exercise to Music with Sarra. 1445 Quiz – All things Red! with the care staff
21 1030 Zoom meeting with Jordan's meeting house. 1200 Quaker meeting in quiet room. 1430 St James Church Sunday Gathering via YouTube, followed by film afternoon	22 1130 Poetry with Erica in the lounge 1430 Musical bingo in the lounge	23 1130 Gentle stretches to music with Ann Marie 1430 Sensory Afternoon, music, lights, choice of hand and foot massage	24 One to one room visits with Ann Marie 1130 Visit from our PAT dog, Thula 1430 Zoom Call with Anne Park, Activity afternoon	25 1100 Walk to park weather permitting 1430 One to one activities on the iPad with the care staff	26 1130 Manicures with the Care staff 1430 Balloon and ball games with the care staff	27 1145 Exercise with Sarra using the resistance bands 1445 Looking at books and magazines with the care staff
28 1030 Zoom meeting with Jordan's meeting house 1200 Quaker meeting in the quiet room. 1430 St James Church Sunday gathering via YouTube, followed by Film	29 1130 Poetry with Erica in the lounge 1430 Guess the tune? with sing along.	30 Person centered room visits with Ann Marie 1130 Exercises with Ann Marie 1430 Terracotta pot painting, getting ready for planting	31 1130 Visit from our PAT dog, Thula 1430 Zoom Call with Anne Park			

Special days

14th Mother's Day
17th St Patrick's Day